

SATURDAY, JULY 21, 2012

Atwood Stadium DUO MEDAL-Y 10K & 5K RUN/WALK & KIDS TOUCHDOWN DASH

ATWOOD STADIUM

SATURDAY, JULY 21, 2012



10K RUN & WALK - 5K RUN & WALK



LOCATION:

Atwood Stadium
701 W University Ave
Flint, MI 48503
Parking Info: Check Facebook Page

STARTING TIMES:

5K - 7:30AM
10K - 8:30AM
Kids Dash - 10:00AM

COURSE:

Starting and finishing at Flint's historical Atwood Stadium, both courses include many of the challenges of the former Tuuri Race plus parts of the new Flint River Trail. The children's race runs goal post to goal post down the middle of Atwood's football field. Each child will receive a souvenir football to carry across the goal line.

SPECIAL EVENT:

Stick around after the race for a fun family BBQ sponsored by Carriage Town Ministries. Enjoy good food, music and community. All are welcome, we would love to see you there!

REGISTRATION:

Early registration ends Sunday, July 15, 2012. After that entrants must pay a late fee. Race day registration begins 6:30am at the stadium.

PACKET PICKUP:

Available on Thursday, July 19 from 10:00am to 8:00pm and Friday, July 20 from 10:00am to 8:00pm at Bauman's Running & Walking Shop, 1473 W. Hill Rd. Flint. Packets will also be available at 6:30am on race day at the stadium.

ENTRY FEE:

NEW This year! New Balance wicking shirt! No Cotton.
Early Registration: \$25 (with shirt) - \$15 (no shirt)
Late Registration: \$30 (with shirt) - \$20 (no shirt)
Duo Medal-y Early Registration: \$40 (with shirt) - \$30 (no shirt)
Duo Medal-y Late Registration: \$45 (with shirt) - \$35 (no shirt)
Crim Training Vouchers will be accepted on day of race but availability of shirts will not be guaranteed. Vouchers are good for ONE race. If "doing the duo," registrants pay \$15.00 early - \$20.00 late.



FACILITIES:

No showers or lockers available. "Porta Johns," on site.

AWARDS:

Run/Walk: Awards in both 10K Run/Walk and 5K Run/Walk to overall and masters male and female - and top three finishers in each division

AGE GROUPS:

Check www.werunthistown.com and Facebook page for age group information.

INFORMATION:

Call: Bauman's Running & Walking Shop - (810)-238-5981 / E-mail: baumans@werunthistown.com
MAIL/DROPOFF: BAUMAN'S - 1473 W HILL ROAD. FLINT, MI 48507

Thank You for considering a donation to the following:

CARRIAGE TOWN MINISTRIES

Providing a haven of safety and acceptance, learning and responsibility, structure and productivity to those in need on their path to personal success. We offer a hand up, not a handout. For additional information, please visit:

www.carriagetown.org

ATWOOD STADIUM RESTORATION

The restoration and improvement of Atwood Stadium, a historical 11,000 seat stadium which opened in 1929 and is still in use today. The stadium has been home to HS football, minor league baseball, concerts, and now the Atwood Stadium 10K/5K Run/Walk!

www.cityofflint.com/atwood

FRIEND OF ATWOOD STADIUM 10K/5K

Become a friend of the Atwood Stadium 10K/5K and get your name displayed on our race day sponsor board!

Do The Duo!

Atwood Stadium 5K/10K Duo Medal-y

Participate in both the 5K and 10K and receive a Special Finishers Medal and Shirt!

(NOTE: Special Duo Medal-y shirts only available to early registrants)

\$40.00 - with one shirt

\$30.00 - without shirt

With Crim Training Voucher

\$15.00 - EARLY (voucher includes one shirt)

\$20.00 - LATE (voucher includes one shirt)

Just check the 5K/10K Duo Medal-y box on the entry form below. Duo Finisher Medals are limited to the first "250" entries.

PLEASE PRINT INFORMATION

MAKE CHECKS PAYABLE TO:

ATWOOD 10K COMMITTEE

MAY BE DUPLICATED

MAIL TO: BAUMAN'S RUNNING & WALKING, 1473 W HILL RD. FLINT, MI 48507

BIB NUMBER

LAST NAME

FIRST NAME

M.I. SEX
 M
 F

STREET ADDRESS

CITY/TOWN

AGE

STATE ZIP CODE PHONE NUMBER

DATE OF BIRTH

EVENT (CHECK ALL THAT APPLY)
 5K RUN 5K WALK
 10K RUN 10K WALK
 KIDS DASH
 5K/10K DUO MEDAL-Y RUN
 5K/10K DUO MEDAL-Y WALK

EMAIL ADDRESS:

PAYMENT METHOD CREDIT CARD CHECK CASH

CHARGE WILL SHOW UP AS
"BAUMAN'S RUNNING & WALKING SHOP"
ON STATEMENT

SHIRT SIZE
 S M XXL (\$1.00 ADDITIONAL)
 L XL YS (6/8) YM (10/12) YL (14/16)

CREDIT CARD # VISA MC DISC AMEX

SECURITY EXP. DATE BILLING ZIP

ATHLETE (OR PARENT, IF UNDER 18) MUST SIGN: _____ DATE: _____

In consideration of my participation in this event, I for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against the race administrator(s), race organizers, the sponsors of this event, their agents, representatives, successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event, I further state that I am in proper physical condition to compete in this event.



ENTRY TOTAL

(TO BE COMPLETED BY REGISTRANT)

ENTRY FEE:
 \$25.00 (10K or 5K Registration - with shirt)
 \$15.00 (10K or 5K Registration - no shirt)
 \$40.00 (Duo Medal-y - with shirt)
 \$30.00 (Duo Medal-y - no shirt)
 Late Registration +\$5.00
 Kid's Race +\$5.00

DONATIONS:
CARRIAGE TOWN MINISTRIES
 \$5.00 donation
 other amount (indicate in donation total)
Donation Total: _____

ATWOOD STADIUM RESTORATION
 \$5.00 donation
 other amount (indicate in donation total)
Donation Total: _____

FRIEND OF ATWOOD 10K/5K (SEE ABOVE)
 \$50.00 donation - NAME: _____
Donation Total: _____

TOTAL: _____