

# Plymouth YMCA

## 31st Fathers Day Run



YMCA

We build strong kids,  
strong families, strong communities.



### PACKET PICK-UP

Saturday June 19th, 9am – 2pm  
The Plymouth Y office,  
248 Union Plymouth, MI 48170  
734-453-2904

Race day – 6:30am-8:30am  
The Gathering (next to Penn Theater)

**Sunday**  
**June 20, 2010**

Diaper Dash / Wee Walkers  
Kids Jog – Kids Trot  
1M Run-1M Walk  
5K Run-5K Walk  
10K Run  
16<sup>th</sup> MDG Triple  
(10.3 Miles)

Proceeds support the  
PLYMOUTH YMCA  
"Strong Kids Campaign"

Race information  
[www.ymcadetroit.org/plymouth](http://www.ymcadetroit.org/plymouth)

**facebook.**

### YMCA Race Entry Form

June 20, 2010

On-Line Registration [www.active.com](http://www.active.com)

PLEASE CHECK ONE BOX ONLY	Thru 5/15/10	5/16/10- 6/12/10	6/13/10- Race Day
<input type="checkbox"/> Diaper Dash (0-1 yrs) (crawlers) 9am	\$0	\$0	\$0
<input type="checkbox"/> Wee Walkers (1-2 yrs) 9am	\$0	\$0	\$0
<input type="checkbox"/> Kids Trot 1/4M Fun Run (3-4 yrs) 7:30am	\$10	\$12	\$15
<input type="checkbox"/> Kids Jog 1/4M Fun Run (5-7yrs) 7:45am	\$10	\$12	\$15
<input type="checkbox"/> 1 Mile Run 8am OR <input type="checkbox"/> 1Mile Walk 8am	\$25	\$28	\$32
<input type="checkbox"/> 5K Run 8:15am OR <input type="checkbox"/> 5K Walk 8:15am	\$25	\$28	\$32
<input type="checkbox"/> 10K Run 8:45am	\$25	\$28	\$32
<input type="checkbox"/> MDG Triple (1M, 5K and 10K) 10.3M	\$50	\$55	\$60

Family Discount-\$10 from total-4 or more same household  
(DOES NOT INCLUDE MDG TRIPLE)

Ann Arbor Track Club Member Discount-\$5 Thru 6/12  
AATC Current Member # \_\_\_\_\_

Race Total \$

Yes, I will make a donation to the "Strong Kids Campaign"

\$

**CASH PRIZES!!-\$1000-MDG Triple 10.3 Miles**  
Custom awards-Age Division Medals, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>  
D-tag timing by Gault Race Management  
Tech Shirts Guaranteed by 6/13/2010  
NO Changes RACE DAY  
NO Refunds or Bib Transfers  
Race photos, [www.plymouthpictures.com](http://www.plymouthpictures.com)

TOTAL \$



**ALL INFORMATION MUST BE COMPLETED**  
**One Form per Person**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ M/F \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

SHIRT SIZE Adult S M L XL XXL Kids Trot/ Jog **ONLY** Youth S M L

Method of Payment Mail to: 248 S Union, Plymouth, 48170 or fax 734-453-4191

Checks –payable to Plymouth YMCA  Cash  Credit Card

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

I hereby state that I am in proper condition for the race I have entered and that I waive any right I may have against the Plymouth YMCA and any of the sponsors and the City of Plymouth for any injury or damages resulting from my participation in the Plymouth Family YMCA Father's Day Run. The YMCA has my permission to publish any pictures taken at the event.

Signature \_\_\_\_\_

Parent/Guardian (under 18yrs) \_\_\_\_\_

